

**MANDEVILLE
MENU
WEEK 2**

	Monday 	Tuesday 	Wednesday 	Thursday 	Friday 
Main	Jerk Chicken 	Veggie pasta bake (G/D) 	Beef Rendang curry 	Lamb kofte 	Fish Fingers 
Vegetarian main	Jerk Quorn	Tomato and basil pasta (G)	Cauliflower & chick pea curry 	Falafel 	A selection of pies (G/D)
Accompaniment	Rice and Peas 	Cous cous salad	Brown Rice 	Bulgar (G) 	Roast new potatoes 
Vegetable additions	Corn and Peas 	Cauliflower, Beans & tarragon 	Spice roast squash & carrots  	Lemon courgettes & beans 	Homemade baked beans & peas 
Salad and dressing	Coleslaw and cucumber  	Dressed cabbage + olive oil	Red & Yellow peppers 	Cherry tomatoes, salad leaves + garlic yoghurt (D)	Cucumber sticks + tartare sauce 
Bread	Cheesy plait (G/D) 	Ciabatta (G) 	Flat bread (G) 	Pitta Bread (G) 	Jacket Potato option 
Dessert or pudding	Fresh Fruit or Yoghurt (D) 	Cake and custard 	Fresh Fruit or Yoghurt (D) 	Bousa-Bousa cake	Fresh Fruit or Yoghurt (D) 