



LEARNING EDUCATION ARTS PARTNERSHIP



LEAP NEWS

Friday 17th October 2025

SPANISH PHRASE of the week

las hojas caen de los árboles *The leaves fall from the trees*

Kingsmead, Gayhurst, Mandeville & Grasmere Primary Schools working in partnership

WORLD MENTAL HEALTH DAY

Last Friday, **LEAP turned yellow** to mark World Mental Health Day. This special day reminds us that looking after our minds is just as important as looking after our bodies! World Mental Health Day was a lovely reminder for all at LEAP, that it's okay not to feel okay sometimes, and that we can all help each other feel safe, supported & strong. Here are short reports from each school about the day.

At **Grasmere**, each class took part in mindfulness activities to help us feel calm and relaxed. Some classes drew pictures, others listened to peaceful music. In class we spoke about the importance of looking after our minds in the same way we look after our bodies.

'I like yellow, it's like I'm like the sun!' - **Ali Kaan Rec**

'I liked thinking about what makes me happy.' - **Ayden Yr 2**

'My favourite part was practising hot chocolate breathing.' - **Adam Yr 3**



At **Gayhurst**, teachers reminded children of simple ways to care for our mental health, like talking to someone we trust, spending time outdoors, taking deep breaths, and doing something we enjoy every day.

'Mental health is very important so children can be happy. Some people need help and it's important to help them' - **Miray (5E)**

'Looking after your mental health is very important. I am proud to be a mental health champion.' **Annieth (5E)**



WORLD MENTAL HEALTH DAY CONTINUED...

A World Mental Health Day assembly took place at **Kingsmead**, thinking about why keeping our minds healthy is just as important as keeping our bodies healthy and exploring ways we can support our own mental health and support our friends.

'It felt good to take part in World Mental Health day as it's all about supporting children and young people' - **Skye Yr 5.**

'I love the colour yellow - it makes me feel happy!' **Heaven Yr 5.**



At **Mandeville**, children, staff and some families celebrated World Mental Health Day with a brilliant whole school session led by Headteacher Marc, in the playground. We learnt to slow down our breathing, loosen our bodies and use mindfulness techniques to stay relaxed, focused and ready to learn!

'It was so much fun copying Marc.' - **Angelina, Rec.**

'We learned to breathe in and out carefully. I liked doing the exercises.' - **Zoya, Yr 1**
'It is really important during busy seasons to take time to invest in our mental health. It was fantastic to bring our families and children together to take part in our mindfulness session.' - **Marc, headteacher.**



FAMILY COACH SERVICE WELLBEING WALKS

At request of parents in the community The Family Coach Service has developed a series of winter wellbeing walks for parents of children with SEND (no formal diagnosis or EHCP necessary). These walks apply principles of coaching and positive psychology to support parents of children with SEND to take notice, calm and connect.

See poster below for dates and times and also for how to register.

Family Coach Service
Winter Wellbeing Walks 2025

For parents of children with special educational needs and disabilities.
No formal diagnosis or Educational Health Care Plan necessary.

All walks will meet at [Hackney Service Center](#)

Friday 14 th of November 10-11am	Friday 28 th of November 10-11am	Friday 12 th of December 10-11am
A walk to notice	A walk to calm	A walk to connect
Bring attention to your surroundings and notice the little things.	Promote calmness when walking in your local community	Create something for others to connect with on their walks

To sign up please email: familycoach@hackney.gov.uk

Can't make the walks but still want to be part of the community?
Please email us to be sent the walks to complete in your own time.

GREAT RESOURCE FOR PARENTS

With this week's LEAP newsletter focus on Mental Health and Wellbeing here's a reminder to parents of the Place to Be's website [ParentingSmart](#), which offers parenting advice from child mental health experts and provides practical tips to support children's wellbeing and behaviour. Short, simple animated videos with a brief supporting article, gives tips and helpful information about a range of parenting topics such as Understanding Sibling Rivalry, Raising a Resilient Child, and My Child Struggles with Changes and Endings.



YEAR 6 PARENT REMINDER

Don't forget the deadline for secondary transfer applications is **31st October 2025**.

Parents must complete an online application form, if they haven't done so already.

Further details about the process can be found in the secondary transfer admissions guide.

If you need assistance please contact your school's office next week.

HSOF AUTUMN TRAIL

Hackney School of Foods fantastic Autumn Trail is taking place on **Friday 7th November** from **4-7.30pm** this year. Tickets are selling fast, so be sure to get yours [here](#).

LEAP families who qualify for Free School Meals are being offered **one free child and one free adult ticket** to the Autumn Trail. To claim your ticket please contact your school's office by **Thursday 23rd October**, giving the name of the child and adult attending.

HACKNEY SCHOOL OF FOOD NOVEMBER 7TH
4:30-7PM
OSWALD ST E5 0BT

Wander down to our
AUTUMN TRAIL

at Hackney School of Food

Join us for an evening of glowing pumpkins, firepit storytelling, and seasonal treats.

BOOK TICKETS HERE:

£7 Adults
£4 Children

Free soup & bread with every ticket!

Pumpkin trail
Warming brews
Freshly made food
Firepits & Sparklers
Natural Craft
Storytelling



AUTUMN TERM 2025

1st half of term: **02.09.25 - 24.10.25**

Half term: **27 — 31 Oct 2025**

2nd half of term: **03.11.25 - 17.12.25**

INSET days: Mon 1 Sept 2025,
Thurs 18 & Fri 19 Dec 2025

GREEN POINTS	Class	Points	TOP ATTENDANCE
Phase 1 (EYFS)	Squirrel	60	Hedgehog 98.1% Mercury 98.6%
Phase 2	River	302	
Phase 3	Venus	271	



WEEKLY CLASS AWARDS

Rabbit class (2-3 Nur) Therese & Nemaru
Hedgehog class (3-4 Nur) Nariyah-Rae
Squirrel class (Rec) John Ceazar
Owl class (Rec) Safaa
Ocean class (Yr 1) Violetta & Illiana

River class (Yr 2) Diamond & Ahmet
Jupiter class (Yr 3) Starlia-Jae & Io
Mercury class (Yr 4) Jayden K & Jayon
Mars class (Yr 5) Jaspreet & Aaqil
Venus class (Yr 6) Ayaan & Azra

YEAR 6 VISIT HACKNEY SCHOOL OF FOOD

Our Year 6 class had the exciting opportunity to visit the Hackney School of Food for a hands-on culinary experience this week. The session began with an introduction to a variety of herbs and spices, where pupils explored different aromas and learned how flavours can transform a dish. They then developed their knife skills under expert guidance, practising safe techniques while preparing ingredients.

Teamwork was a key focus throughout the afternoon, as pupils collaborated in small groups to bake savoury muffins featuring roasted butternut squash. They measured, mixed, and tasted, gaining confidence in the kitchen and understanding the importance of working together. Alongside this, they created vibrant fruit salads, learning how to balance colour, texture, and nutrition to make healthy choices.

The experience was both educational and enjoyable, allowing pupils to connect food preparation with creativity and wellbeing. Staff at the Hackney School of Food were incredibly supportive, making the afternoon memorable and inspiring. Pupils returned to school proud of their creations and eager to share their new skills at home.

'I learnt about being extra careful when cooking and make sure we follow the rules of the kitchen. My favourite part was when we cut and grated the food items.' **Ayaan**

'Going over to the school of food was exciting and fun because I learnt about healthy snacks and how to prepare a varied and interesting fruit salad.' **Samantharose**

'It was my first time at the school of food and I thought it was amazing because we got to taste different flavours and experience team work.' **Louie**

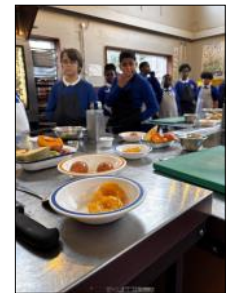
'I love the school of food because we always get to make something new that I've never made before and I just love the experience.' **Courage**

'You get to try such a variety of food and we tried a range of fruit. It's different every time you go.' **Anayah**

'We get to experience different types of foods and we always get to eat it afterwards. Sometimes we even get to take the food home to show our families.' **Zain**

'Working with different people and new adults is always a great thing to do.' **Amadou**

YR 6 AT HSOF CONTINUED.....



PTA CAKE SALE VOLUNTEERS NEEDED

Mandeville
Helping Hands
PTA

Cake Sale

Volunteers on the day needed.
Sweet or savoury food donations needed.

Friday 24th October
3.30pm to 4pm

KS2 Playground (near race track)

Donations can be left at the school office in the morning on the day. If you're able to volunteer, let the school office or your class ambassador know.

PTO →



BREAKFAST CLUB BUZZ

Our Breakfast Club, starting bright and early at 7:45am, is a popular part of the school day! Welcoming children from across all year groups, the club offers a warm, friendly start to the morning filled with fun and creativity. Pupils enjoy a wide range of activities including sports, outdoor games, board games, and art activities, helping them wake up their minds and bodies in a positive way. Alongside the activities, children are served a healthy, nutritious breakfast to fuel them for the day ahead. From bagels and fruit to cereals, there's something for everyone to enjoy. The club not only supports working families but also gives children a chance to socialise, play, and prepare for learning in a relaxed and engaging environment.

We're proud of the joyful atmosphere and the sense of community it brings each morning. If you'd like your child to join, please contact the school office for more details.



PARENT MATHS WORKSHOP FOR NUR, REC & YEAR 1 & 2

Do you want to help your child learn maths?

If you have a child in Nursery, Reception, Year 1 or Year 2 come along to our Maths Workshop next week on **Wednesday 22nd October at 9am**. In a no-pressure, relaxed atmosphere (with tea & coffee!) learn about how we teach maths in school and how you can support your child's maths learning at home.



YEAR 4 CLASS REPORT

Year 4 have thoroughly enjoyed their ancient art unit where they created clay pottery, inspired by the Ancient Greeks. We have learnt all about how clay was shaped using wheels into beautiful symmetrical vases. *"I liked watching the video of a modern-day potter because it looks really cool!"* – **Jayon**.

We then explored the different ways that glazes were used to cover the pots in intricate designs and patterns. We even created some of our own, in our books before we painted our own pots. Before painting, we practiced using a thin brush to create neat, thin lines in our books. *"I found it easy to paint the thin lines when I painted slowly and carefully."* – **Maele**

When we were ready, we painted our pots. The final step was to evaluate our work and think about what areas had been successful and what we could change next time. "I love the colour of my pot which was black. My plan is to add more colours at home!" – **Xia**



KEY DATES THIS TERM

Wed 22 Oct Coffee Morning: Early Years Maths for Nur, Rec, & Yr 1 & Yr 2 parents 9—10am

Thurs 23 Oct Yr 5 assembly 3pm +
JTP The Story of My Name exhibition 3.30—4pm

Fri 24 Oct PTA Cake Sale KS2 playground 3.30 - 4.15pm

Mon 27 -Fri 31 Oct Half term break

Fri 7 Nov Autumn Trail at the Hackney School of Food 16:30-19:30

Mon 10 Nov Odd Socks Day

Thurs 20 Nov Yr 4 assembly 3pm

Tues 2 Dec Panto comes to Mandeville

Wed 3 Dec Parent & Carer consultations

school closes early at 1.30pm for children

Wed 10 Dec Gymnastics performance Rec - Yr 5

Thurs 11 Dec Festive Jumper day

Wed 17 Dec Last day of Autumn term -

school closes early at 1.30pm for children