



# LEAP NEWS

**Friday 30th September 2022**

**SPANISH PHRASE** of the week:

*Estamos felices con nuestros amigos... — We are happy with our friends...*

**Kingsmead, Gayhurst and Mandeville Primary Schools working in partnership**

## SCHOOL OF FOOD BEE NEWS

The beginning of this term has seen a flurry of activity in the School of Food's apiary, as the bee colony winds down from the busy summer months of gathering nectar and converting it to honey to store inside the hive. As the days get colder and shorter, the colony is beginning to shrink down to a smaller winter size, as there are less flowers to visit, so there are less bees needed to gather food.

As beekeepers we need to make sure that the bees have collected enough honey & pollen to feed themselves throughout the winter - if we think the bees have stored enough then we can then take the extra to be extracted. The Bee Team have been emptying the supers of worker bees using special one-way doors in the roof of the hive called 'bee porters' so the bees will stay warm and clustered in the brood box. We now have 8 frames of capped honeycomb ready for harvesting, which is roughly 5 kilograms!

The next stage of the process is to place the frames in a honey extractor, which spins the frames around very quickly inside a metal tube, so the honey is flung out and drips down the sides to the bottom, where there is a tap so we can fill up jars, and then reuse the now empty frames next year.

### Vocabulary

- Apiary** – location of the bee hives in the garden
- Nectar** – sweet, sticky liquid made by plants to attract pollinators. Turned into honey by bees to feed the adults
- Pollen** – powder made by plants to help produce seeds & fruits. Given to baby bees as food
- Frames** – wax filled rectangles, which the bees use to make cells in which they store honey and pollen or lay eggs
- Capping** – the wax top of the cells to protect the honey brood box where the colony lives, and most importantly where the queen lays her eggs.
- Supers** - are extra boxes on top of the brood box, where the queen cannot get to, but where worker bees can store honey. Think of these as like an attic on your house

We were lucky enough over the summer holidays to have world-famous musician **Loyle Carner** visit our gardens, and he was so excited about our bee hive that Chef Tom invited him to put on a bee suit and see inside the hive – he was even allowed to hold a frame of bees!



## POEMS FOR THE PLANET

To mark National Poetry Day which is on **Thursday 6th October**, an exciting new competition has been launched by Greenpeace and National Poetry Day! Open to all children aged 7 and above, the competition invites you to put your poetry hat on. They want your lively limericks, heartfelt haikus and polished prose on the theme of **the environment and hope**.

## POEMS FOR THE PLANET CONTINUED.....

You can enter **one poem** on the theme of the environment and hope. You can use any form of poetry and your poem can be **up to 400 words**. The deadline for entering your poem is midnight on **1st December 2022**.

To find out more information and how to enter your poem online please click [here](#).

For inspiration and to get you started here's a wonderful poem called Nature Trail by **Benjamin Zephaniah**

### Nature Trail

At the bottom of my garden  
There's a hedgehog and a frog  
And a lot of creepy-crawlies  
Living underneath a log,  
There's a baby daddy long legs  
And an easy-going snail  
And a family of woodlice,  
All are on my nature trail.

There are caterpillars waiting  
For their time to come to fly,  
There are worms turning the earth over  
As ladybirds fly by,  
Birds will visit, cats will visit  
But they always chose their time  
And I've even seen a fox visit  
This wild garden of mine.

Squirrels come to nick my nuts  
And busy bees come buzzing  
And when the night time comes  
Sometimes some dragonflies come humming,  
My garden mice are very shy  
And I've seen bats that growl  
And in my garden I have seen  
A very wise old owl.

My garden is a lively place  
There's always something happening,  
There's this constant search for food  
And then there's all that flowering,  
When you have a garden  
You will never be alone  
And I believe we all deserve  
A garden of our own.



## FREE LOCAL YOGA CLASSES FOR ADULTS

A group called Flip Your Dog for Mental Health are running a series of free yoga classes in the local area, for adults. The classes will run at **Pembury Community Centre, Kingsmead Community Centre and the Pedro Club**. Take a look at the timetable on the poster below.

“Our classes are free to attend (if people would like to make a donation they can pay if forward and support further community classes), open to all levels of experience, yoga mats are provided and our teachers are super friendly.”

**WEEKLY CLASS SCHEDULE**

**MONDAY:**  
Chair Based Yoga  
11.15am-12.00pm  
@Pembury Community Centre

**TUESDAY:**  
Movement & Yoga  
11.30-12.30pm  
@Pembury Community Centre

**WEDNESDAY:**  
Parent & Baby Yoga  
10.00-11.00am  
@Kingsmead Community Centre

**FRIDAY**  
Open Level Yoga  
6.30-7.30pm  
@Kingsmead Community Centre

**SATURDAY**  
Open Level Yoga  
10.00-11.00am  
@The Pedro Club

www.flipyourdogformentalhealth.com

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## AUTUMN TERM 2022

1<sup>st</sup> half of term: 05/09/22 - 21/10/22

Half term: 24 - 28 October 2022

2<sup>nd</sup> half of term: 31/10/22 - 16/12/22

GREEN POINTS	Class	Points	TOP ATTENDANCE
Phase 1 (EYFS)	Lion/Jaguar	95	Mars
Phase 2	Ocean	424	99%
Phase 3	Jupiter	584	



### WEEKLY CLASS AWARDS

<b>Jaguar Class</b>	Paloma
<b>Lion Class</b>	De'arri
<b>Panther Class</b>	Phoebe & Ayaz
<b>Ocean Class</b>	Taynara & Aisha
<b>River Class</b>	Berat & Zayd

<b>Forest Class</b>	Harry & Alvin
<b>Mercury Class</b>	Semi & Irmak
<b>Mars Class</b>	Esra & Joseph
<b>Jupiter Class</b>	Arda & Lilly-Ann
<b>Venus Class</b>	Gizem & Canilson

## MANDEVILLE'S WRAP AROUND CARE

**MAGIC BOOKING** - We are delighted to announce our new booking system, for booking all wraparound care, will launch on **Tuesday 4th October**. Any future bookings for **breakfast club, play centre & after school clubs** must be made via the Magic Booking website. You will receive a text with a link to Magic Booking's website soon.

### NEW PLAY CENTRE TIMES & PRICES

Play Centre will have three new options and prices:

<b>Option 1</b>	3.30-4.30pm Short extended day	£4
<b>Option 2</b>	3.30—5.30pm Long extended day (includes snack)	£6
<b>Option 3</b>	4.30—5.30pm at playcentre once after school club is finished (includes snack)	£2

Please note no early collection will be permitted, unless in emergencies.

### AFTER SCHOOL CLUBS - AUTUMN TERM

Each club costs £9 for the Autumn Term (£1 a week for 9 weeks). PPG children can receive 1 free club per term.

Club	When	Finish Time
<b>Football</b> - Years 2/3/4	Mon	5:00
<b>Skateboarding</b> - Years 5/6 (Girls only this term)	Mon	4:30
<b>Spanish Club</b> - Years 3/4/5/6	Mon	4:30
<b>Football</b> - Years 5/6	Tues	5:00
<b>Cooking</b> - Years 3/4/5/6	Tues	4:30
<b>Dodgeball</b> - Years 3/4/5/6	Wed	4:30
<b>Gymnastics</b> - Years 3/4/5/6	Wed	4:30
<b>Netball</b> - Years 4/5/6	Thurs	4:30
<b>Multi-Sports</b> - Years 1/2	Thurs	4:30
<b>Table Tennis</b> - Years 3/4/5/6	Thurs	4:30
<b>Choir club</b> - Years 1/2/3/4/5/6	Fri	4:30

### BREAKFAST CLUB - TIMES & COSTS

Breakfast club is open from 8am and costs 50p for FSM children and £1 for everybody else per day.

We are hosting information sessions next week on Tues, Wed and Thurs (see key dates section) to help you register and book clubs. For further information please email [mdvoffice@mandeville.hackney.sch.uk](mailto:mdvoffice@mandeville.hackney.sch.uk) or speak to a member of the office team.

## FREE LOCAL DANCE CLASS

FOR GIRLS aged 11– 19

Avant Garde Dance are running a series of free weekly dance classes, in a variety of dance styles, for girls and young women aged 11-19. Sessions start on Wednesday, **5th October** in **Nye Bevan Community Hall, Overbury Street, E5 0AH** See link to poster for more info <https://avantgardedance.com/learn/get-involved-kings-park-hackney>

## HISTORY OUTSIDE THE CLASSROOM

Children have had a fantastic few weeks of history at Mandeville! Both **6E** and **6T** visited the School of Food for an Anglo Saxon workshops. The children cooked bread and learnt about the roles of different people during this era and how they would have made bread using certain wheat, marking each piece with an individual symbol. *"We had to use one oven because in the Anglo Saxon era, there would have only have been one village oven to share"* Saleemah.



Year 5 and 6 also visited the British Museum this week to investigate some of the Anglo Saxon and Viking artefacts.

**Ayaan** said *"I can't believe how beautiful the Anglo Saxon jewellery is!"*



## KEY DATES FOR THIS TERM

<b>Tues 4th Oct</b>	Info session for Magic Booking 9-10am & 3.30-4pm
<b>Wed 5th Oct</b>	Info session for Magic Booking 3.30-4pm
<b>Thurs 6<sup>th</sup> Oct</b>	Coffee Morning: Phonics and Early Reading for EYFS (Nur & Rec), Yrs 1 & 2 parents. + <b>Venus Class</b> assembly 3pm + Info session for Magic Booking 9-10am & 3.30-4.30pm
<b>Thurs 13<sup>th</sup> Oct</b>	<b>Jupiter Class</b> assembly 3pm
<b>Thurs 20<sup>th</sup> Oct</b>	Coffee Morning: Ready Steady Read for parents of children in Years 3-6
<b>Fri 21<sup>st</sup> Oct</b>	Last day of first half term