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MENU WEEK 1



	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN Option 1	Vegetable Lasagne <i>(Milk/Wheat/Soya)</i> 	Mince Lamb & Onion Pie <i>(Milk/Wheat/Egg)</i> 	Moroccan Chicken Thighs 	Macaroni & Cheese <i>(Wheat/Milk)</i> 	Fish Fingers <i>(Milk/Wheat/Egg/Fish)</i> 
MAIN Option 2 (vegetarian)	Tomato Pasta 	Vegetable Pie <i>(Gluten Free)</i> 	Sweet Peppers & Black Bean Stew 	Sweet Pepper & Tomato Pasta <i>(Wheat)</i> 	Breaded Tofu <i>(Wheat)</i> 
Vegetable Side	Charred Broccoli 	Red Cabbage 	Green Beans 	Roasted Butternut Squash 	Garden Peas 
Accompaniment	-	Bombay Potatoes 	Jollof Rice 	Cous Cous Salad <i>(Wheat)</i> 	Skin On Chips 
Bread	Garlic Bread <i>(Wheat)</i> 	Flatbread <i>(Gluten)</i> 	Ciabatta <i>(Gluten)</i> 	Wholemeal Bread <i>(Gluten)</i> 	Ketchup 
Salad/Dressing	Mixed Salad Hummus Carrot & Cucumber Sticks 	Fresh Green Salad Corn Salad Tomato & Onion 	Coleslaw <i>(Egg)</i> Iceberg Lettuce Beetroot 	Italian Lemon Salad Corn Salad Tomato & Onion 	Coleslaw <i>(Egg)</i> Mixed Salad 
Dessert	Fresh Fruit 	Flapjacks <i>(Milk/Gluten)</i> 	Fresh Fruit 	Grape & Polenta Cake <i>(Dairy/Gluten free)</i> Fresh Fruit	Yoghurt <i>(Dairy)</i> Fresh Fruit 







































Mandeville Primary School

MENU WEEK 2



	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN Option 1	Veggie Bolognese & Cheese <i>(Milk)</i> 	Lamb Sausage or Chicken Sausage 	Jerk Chicken 	Jacket Potatoes 	Cheese & Tomato Pizza <i>(Wheat/Milk)</i> 
MAIN Option 2 <i>(vegetarian)</i>	Vegetable Roll <i>(Wheat)</i> 	Vegetarian Sausage 	Aubergine Curry 	Jacket Potatoes 	Sweet Pepper & Sweet Corn Pizza <i>(Wheat)</i> 
Vegetable Side	Green Beans 	Baked Beans 	Charred Broccoli 	Baked Beans 	Roasted Carrots 
Accompaniment	Spaghetti <i>(Wheat)</i> 	Mashed Potato <i>(Milk)</i> 	Rice & Peas 	Tuna <i>(Fish)</i> Cheese <i>(Milk)</i> 	Potato Wedges 
Bread	Flatbread <i>(Wheat)</i> 	Flatbread <i>(Wheat)</i> 	Ciabatta <i>(Wheat)</i> 	Wholemeal Bread <i>(Gluten)*</i> 	Ketchup 
Salad/Dressing	Hummus Carrot & Cucumber Sticks Italian Lemon Salad 	Garden Salad Chop Chop Salad 	Coleslaw <i>(Egg)*</i> Fresh Green Salad Beetroot 	Mixed Salad Corn Salad 	Coleslaw <i>(Egg)</i> Mixed Leaf Salad Tomato & Onion 
Dessert	Fresh Fruit 	Apple Crumble & Custard <i>(Milk/Wheat/Egg)</i> Fresh Fruit 	Fresh Fruit 	Rice Pudding & Jam Fresh Fruit 	Yoghurt <i>(Milk)</i> Fresh Fruit 